

THE NORTHERN STUDENT

Vol. 125, August 2018

100 YEARS OF BSU:
A CENTURY WORTH
CELEBRATING

WALLEYE MISSING-
IN-ACTION FROM
MUCH-LOVED LAKE



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Cover photo by Eric Marvel

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HOROSCOPES



LEO
7/23-8/22

This month is going to bring a lot of exciting surprises. Your physical and mental health is going to be very balanced and great overall. Changing your mindset toward budgeting will noticeably improve your finances.



VIRGO
8/23-9/22

Focus on yourself. Try out something you wanted to do for a long time. Discover a new hobby or work on new projects. It is also a perfect time to make big changes, so if you want to get a new job or renovate your apartment, do it.



LIBRA
9/23-10/22

An optimistic attitude will help with any issues you might be facing. It would also be very helpful to dedicate more time to the family and close friends who are there to support you.



SCORPIO
10/23-11/21

You are full of energy and ready for setting new goals. Some people might get jealous of the success you're getting, but don't allow them to keep you down.



SAGITTARIUS
11/22-12/21

You're going to feel very competitive when getting work done, but putting time and effort into it will surely pay off. It is important not to overthink or underestimate yourself. Your relationships are going to be full of happy moments and surprises.



CAPRICORN
12/22-1/19

This month it may be a little hard to figure out your finances and relationships but try not to focus on the problems. Your friends will have advice for you, so spend more time with them. Going on a road trip together sounds just right.



AQUARIUS
1/20-2/18

You are about to finally find your soulmate that will brighten your day. It is also a good month to save up some money rather than making big investments..



PISCES
2/19-3/20

Any problem you might have will be easily solved; nothing can keep you down this month. As fall starts, you might feel more passionate about the arts, so it is a great time to attend a concert or visit a few exhibitions.



ARIES
3/21-4/19

Your social life is popping. Wherever you go, you're the star of the show. Old friends will be extremely happy to hang out together as well. In case you're still single, this is the month when you succeed in getting a romantic partner.



TAURUS
4/20-5/20

This month you feel very productive and focused on getting your work done, and that will help you achieve your goals and move your career forward. If you're facing a problem, don't forget to ask for an advice from those near you.



GEMINI
5/21-6/21

Your sincere and outgoing personality attracts many people, and you'll be making a lot of new friends. A new spark in your relationship will take your love life in a new direction. Professionally speaking, don't be afraid to ask for a help rather than doing all the work by yourself.



CANCER
6/22-7/22

You might be dealing with some difficulties in career prospects, but don't let them make you feel unsuccessful or depressed. This month is a good time to relax and focus on other things that make you feel truly loved and happy.

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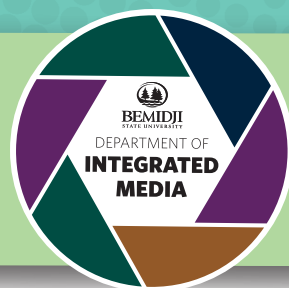
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• **NO EXPERIENCE NECESSARY!**
• **HAVE FUN AND BUILD YOUR PORTFOLIO!**

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What About the B.O.B.?

By Abbie Edman

Are you looking for fun ways to get involved on campus? Maybe you are a freshman, a transfer student, or a returning student that wants to know more. One easy way is to go to the Beaver Organization Bash Wednesday, Sept. 6, 4:30-7:00 p.m. The event will be on the Lakeside Lawn unless the weather interferes (look on Beaverlink/Corp app for any changes) and is free for all students.

The Beaver Organization Bash, also called the B.O.B is hosted by the Hobson Memorial Union—once each semester. At the B.O.B, a lot of the 100+ campus clubs and organizations set up booths. It is a great way for students to learn about organizations all in one place from the members themselves.

Currently, there are 107 clubs and organizations registered with more joining every year. One of the newest clubs is the Bird Watching Club.

Nolan Brey, former chancellor of the Bird Watching club said, “The Bird Watching club is all about

appreciating the outdoors and having fun outside at your own pace.” They have a Facebook page and host fun events for students on campus—in the past they held an event where you could make your own bird feeder.

There is a little bit of everything represented at the event including the Ballroom Dance Club, American Fisheries Association, Dive Club, Phoenix Club, Otaku Society, Wiffle Ball Club, Puzzle Club, BSUSA Student Senate, Rugby Club and Relay for Life.

Sam Galatz, the Phoenix Club co-president said, “The Phoenix is BSU’s club for LGBTQIA2S+ people and thier allies, advocates and supporters.” They want to help make LGBTQ+ students feel safe and accepted.

Organizations can also be major specific like the Criminal Justice Club, Accounting Club, Spanish Club, Psychology Club, Social Work Club, Student Nursing Association, Pre-Law Society and Students for the Environment.

Jordan Huntbatch, former VP of the Accounting Club said, “The Accounting Club hosts around four events a semester [usually

public accounting firms], for anyone interested in the accounting profession.”

Riley Irish, President of the Criminal Justice Club said, “The CJ club is all about making a difference in the school and community.” Irish also said that the Criminal Justice Club is a great way for students to get volunteer hours, because they do a lot of volunteering.

Being involved looks great on a resume, gives people experience outside of class, and offers an opportunity to make new friends. For more information about the event and student organizations, checkout Beaverlink at <https://bemidjistate.campuslabs.com/engage/>.



Don't You Worry

A Fearless Guide

by Daltyn Lofstrom

College can be worrisome, but there are issues every new student faces. The key is finding out how to cope with the stress, anxiety and fear stemming from the big, bad world known as college. Here are ten issues every freshman faces and why you shouldn't worry about them:

Bye, Bye Buddies

Leaving high school friends behind means an opportunity to meet different people from diverse backgrounds. Don't panic if nobody's a best friend the first week. Instead, open up to people in classes, campus events, clubs/organizations and the dorms. More often than not, close friend groups form between people with shared interests, but don't be afraid to befriend somebody whose experiences differ dramatically from yours.

Couldn't Hurt to Ask

College classes are meant to be challenging, but not ruthless. If you are having trouble keeping a good grade in a class, take advantage of the professor's office hours and ask them for help. It's their job to help students better understand the material. Sometimes, a grade may be too low to improve by the end of the semester. There is an option to drop that course, something students should talk to their advisor about as a last resort.

Finding Your Family

Making a new home away from home often leads to homesickness at college. Many students feel this and it's not shameful. It may take awhile to adjust to living with other people and being more independent, but sticking with a routine is key. College life is busy and can distract people from thinking about home. Depending on distance, some people visit home on a weekly basis. If this is unrealistic, social media is great at keeping people connected at large distances.

Make the Most of What You've Got

The stereotypical college student is poor. Money is a major concern for all students, particularly those from low-income families. Applying for scholarships at the university and elsewhere can help offset the cost of attending. There are also many work study and regular payroll jobs on-campus. The most important advice is to use what's already been paid for. Go to Wally's to spend a meal plan and go to Lakeside, EcoGrounds and The Lodge to spend Beaver Bucks! Even consider going to campus events—many of which have FREE food. Students save money doing this compared to eating out on a regular basis.

You Do You

Peer pressure doesn't disappear after high school. Despite Bemidji State University being a dry campus, many students still drink alcohol and do drugs whether it be in the dorms or elsewhere. There will be times that people pressure others to drink with them. At the end of the day, nobody can force you to drink but you. Don't think it's uncool to refuse drugs or alcohol because many BSU students do refuse. The most important thing is that you are safe.

Consent is Key

College is a time to "experiment", though not everyone chooses to do so in a sexual manner. It's fine to explore one's sexuality in a mutually consenting and safe way, but it's also important to respect others who choose not to engage in sexual activity. Don't feel obligated to go along with other people's timelines and feel pressured to lose

'Bout a Thing:

to Freshman Year

your virginity earlier than you'd like. Your virginity and body are yours to give as you see fit.

Getting to Know You

BSU makes an honest effort to match people with roommates they'll get along with. Sometimes, roommates can't stand each other and end up changing rooms. Don't make this an immediate decision, as the process of moving out can be stressful. Open communication helps keep roommates on the same page and respecting each other's space/time in the dorms. If this doesn't work, the floor's resident advisor can assist with any problems regarding roommates.

Finding Your Perfect Fit

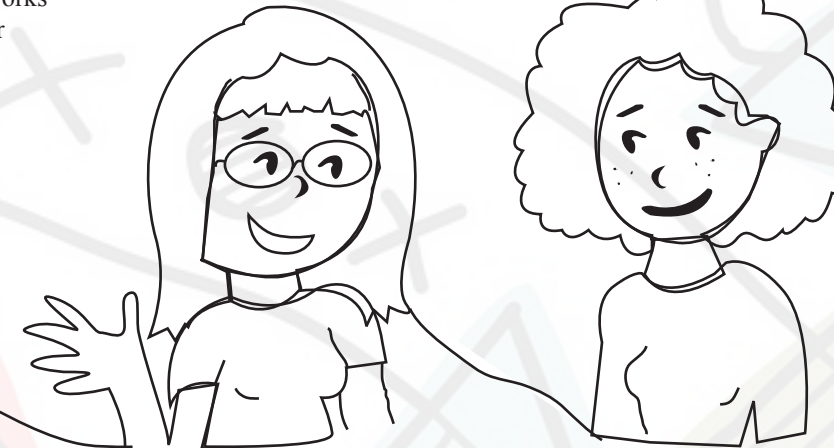
Some people know what major they want to study years before college, but some people have no clue. Others may think they know what they want to study, but then change their mind once or even multiple times. The process of changing one's major is very simple and it's not uncommon for students to do so. If unsure, liberal education classes help students explore different departments in which they may want to study further. Many programs can be completed in two years, meaning students have two years of exploring classes beforehand.

Taking Time for TLC

College as a whole package is quite stressful at times. With classes, work, activities and social interaction, many students feel pressed for time or that they don't have time for themselves. Keeping a detailed schedule or planner helps keep every appointment, class or job shift together and give order to a chaotic environment. Always remember to make time for yourself and de-stress from the day.

Working Hard or Hardly Working

Having a job provides students with a sense of responsibility and independence, not to mention an income. On-campus jobs are usually flexible in terms of hours and are molded around the rest of your schedule. It's not necessary to have the highest-paying job around, as any bit of money adds up. Also, jobs are easy to find if you attend an employment fair and apply for a job you are passionate about. Whether it's nine to five or five to nine, all that matters is that you find what works best for you.



Homesickness Takes Hold

By Rebecca Carvell



Whether it is your first year or last year on campus, homesickness is a very real thing. How exactly do you deal with being homesick?

Going home as often as you would like isn't always an option and can sometimes make it worse.

A great resource on campus is the Student Center for Health and Counseling (first floor Cedar Hall, M-F 9:00 a.m. to 4 p.m.) where you can see one of the counselors.

If that isn't something that you want to do, there are things you can try on your own or with friends to get through the hard times.

Harley Walker, a senior psychology major, former RA and current Assistant Residence Hall Director in University Heights, admits, "Once in a while I do still get homesick. I've stayed pretty consistent with my coping methods. I color, talk to my mom on a regular basis, and surround myself with good friends."

Bringing items and doing activities that remind you of home back to school, can add a sense of familiarity.

If you are religious, find a church to embrace your faith, it also allows you a place to let go. Bemidji has multiple denominations of churches: St. Philip's Catholic Church, Trinity Lutheran Church, Crossroads Church (Assembly of God), First Baptist Church, Bemidji United Methodist Church and more. On campus, there is a Lutheran ministry as well as a nondenominational, weekly bible study.

"I use faith once in a while," said Walker. "Mostly I take long walks and just clear my head along the way. I have a few friends that go to church groups to help them through rough times though and that seems to really help."

Whatever you do, don't bottle up your feelings. Find someone you trust on campus to talk about your feelings to. If you're not comfortable talking to someone, keep a journal as a way to express how you are feeling.

"It's a big importance to find a good support system," said Walker. "They are the ones that help you through those rough class days, hard times being away from home, or when you just need someone to talk to."

Just because you're not home doesn't mean that your family can't be your support system anymore, but you can also have a support system at school, too.

"My biggest piece of advice would be to give your parents a call once a week, just to check-in and have that 'after school chat' like you would if you were home; it's very helpful for myself," said Walker.

Get out of your room, go and enjoy the college life. Join groups you never thought you would join, or maybe groups that you've always had an interest in but never had the opportunity to join.

"I personally picked up a few hobbies to keep myself busy, joined a club to make new friends and I call or text my mom several times a week," said Walker. She also joined the Dance Club and gained many friends through that group. Walker goes to campus events to just get out of the dorm and meet people.

Take this time on your own to grow and become who you want to be. At first, this experience can be difficult, but in the process you're learning how to be away from your family. They will always be there to support and encourage from the nest, but it's up to us, whether we fly or fall at first, to take the first leap.

SERVICE vs. SUPPORT

UNDERSTANDING THE Animals OF BSU

By Jackie Pierson

Service animals and emotional support animals do not provide the same service.

Under the Americans with Disabilities Act, service animals are defined as "dogs that are individually trained to do work or perform tasks for people with disabilities." They are permitted in public places and are not legally allowed to be removed, unless the handler cannot control them.

However, service animals do not need to be marked. The ADA does not require special vests or tags to be placed on the service animal, which can cause issues. Only two questions can be asked about a service animal: "Is that a service animal?" and "What service does it provide?" People are not allowed to ask the animal to demonstrate their task.

Emotional support animals differ from service animals in the way that they are not protected under the ADA. This is because service animals are trained to recognize and warn their partners before a disability occurs, such as a seizure or low blood pressure, whereas an emotional support animal does not. They only provide comfort and support.

BSU allows emotional support animals on campus. The Disability Services are the ones who take care of the paperwork for ESA's, but there is a lot of documentation to go through, and they must take the student body into consideration as well as the student who needs the support animal.

Before deciding to request to have an emotional support animal, there are a couple things to take into consideration.

Is this the best option right now? College is a new experience, and it can be a hard transition from high school. It can be comforting to have a familiar presence around, but one thing that people might not realize is that the animal is now their responsibility.

Zachary Johnson, director of Advising Success Center, said, "You're going to be invited to go into town. You're going to be invited to go out to eat, go to some parties, what are you going to do with [the animal]?"

Another thing is that there will be people who may ask questions. They may not be direct questions, but your critter will still draw curious college students just about

anywhere you may go. Are you prepared to answer potential questions?

But this should not deter someone if they truly believe that this is the best support for them. BSU cares about a student's learning experience, and they are ready to help at all times. So, if having a support animal is the best option, they will do what it takes to set it up. Johnson just wants students to first consider, "Is it really the right therapy today?"



Walleye Missing-in-Action from Much-Loved Lake

By Eric Marvel

Mille Lacs Lake is an angler's paradise. It's known for its world-class small mouth bass, monster muskie and outstanding walleye fishing. Every year anglers from around the state flock to Minnesota's second largest lake in search of a trophy fish or to experience one of Minnesota's world-class fisheries.

However, the 2018 open-water season will experience a catch-and-release only regulation for walleye when anglers hit the water on Mille Lacs Lake. While Minnesota Department of Natural Resources (DNR) officials say the spawning population for walleye is improving, this is the third consecutive year of this regulation. They would like to keep the progress going forward. A question arises regarding the improvements, what affects does this sort of regulation have on the current walleye population in Mille Lacs Lake?

In the fall, walleye are sampled from the lake through a process called gill netting. Gill nets are vertical panels of netting that are set in a straight line and are used by the DNR to get an index of the number of fish. According to Eric Jensen of the Garrison Fishery, 2016 was the lowest index they have seen historically and in 2016 they closed the walleye season altogether.

In addition to the 2016 index, Mille Lacs Lake has seen improvements from the lowest point observed. This type of regulation is designed to slow down the kill fish through angling. Walleye begin to mature at three-years-old for male fish and five to six-years-old for female fish beginning to reproduce around five years of age. "We want to protect the 2013 class of fish," said Jensen "They are at the age of spawning."

Lately, the DNR are looking for more age diversity in the lake and healthier forage for the walleye. Productivity levels in the lake are down according to Jensen. The Clean Water Act and zebra mussels have caused problems for the walleye. There is less pollution in the lake, which equals less nutrients for smaller organisms to feed on which works its way up the food chain. Zebra mussels are a big problem in Mille Lacs Lake. According to the DNR, there are enough zebra mussels in Mille Lacs Lake to filter all the water in the lake in one to two days.

"Mille Lacs Lake is the same lake as it was in the 1970s, 1980s, and 1990s," said Jensen. "People are going to have to adjust to the changes and be patient with the process, it's not going to happen overnight."

As a result, time will tell the new caring capacity of this much-loved lake as anglers will soon have to adjust to less walleye. Walleye or not, Mille Lacs Lake will still offer an angling experience of a lifetime.



Photo by Eric Marvel

3 Things To Do In Bemidji at Different Price Points

By Kendra Hacker

Whether a new student to BSU or are just returning, there is always something different to do in Bemidji other than school. From outdoor activities to indoor entertainment, there's something for everyone to do. Here are three different things at three different price points that are available in Bemidji.

\$ Bowl at Bemidji Bowl

Bowling is something that almost anyone will enjoy, especially if they only have to pay \$3 for unlimited games. This cheap bowling special is only available on Mondays after 9:30 p.m. This is something cheap that students can do to make their Monday nights a little more fun. And if you're not great at bowling, Bemidji Bowl also has karaoke from 9 p.m. to 1 a.m. on Mondays and Fridays and 9 p.m. to midnight on Saturdays.

Information:

(218) 751-2153
3455 Laurel Drive NW
Bemidji, MN 56601
<http://www.bemidjibowl.com/>

Explore Lake Bemidji State Park

Being that we're surrounded by nature, there are plenty of things to do outdoors. One activity is to head to Lake Bemidji State Park, located on the north end of Lake Bemidji. A day parking pass is \$7, but here are the other park permit pricing:

- Annual: \$35
- A second vehicle: \$26
- Handicapped: \$12

Not only does Lake Bemidji State Park have hiking and biking trails that will wind you between trees or next to the lake, there is also a bogwalk and other trails to explore. There are kayak, canoe and boat rentals available if you want to get out on the water, but there is also on-site recreation like an outdoor volleyball court or its sandy beach area.

Information:

(218) 308-2300
3401 State Park Rd NE,
Bemidji, MN 56601

\$\$\$ Try out an Escape Room

Minute59 Mystery and Escape Rooms is a locally-owned and operated business. If you're looking to have a good time that tests your wits and makes you think, this is the thing for you! With a variety of different rooms that you and your friends can try to escape, there's a fit for everyone. The rooms are designed for up to five players, though the business recommends that there are at least two players for a room. If you have more than five players in your group, Minute59 Mystery and Escape Rooms can create a customized group booking for up to 18 players. In order to do an escape room you have to book a time in advance with a down payment that is not refundable if the time slot is missed. The cost of the escape room is \$20 per player.

Information:

(218) 444-2002
802 Paul Bunyan Dr. SE Suite 17,
Bemidji, MN 56601
<http://www.minute59mystery.com/>

There are many things that people can do in Bemidji, but there are some things that students might not know about. From cheap things for college students to do in Bemidji to higher-priced things, there is always something that students can do with their friends to make the most out of their college experience.

For more local experience comparisons, check out our October issue coming to a stand near you.

A CENTURY WORTH CELEBRATING

100

By Stacey Kaslon

100 years...It's hard to wrap your head around that. For starters, most of us will never live that long, but we can only imagine what it would be like to travel back in time to when it all began in the fall of 1919.

WWI was wrapping up and Northern Minnesota was in need of teachers so Bemidji opened Minnesota's 6th Normal School for Teacher Education. Renamed Bemidji Teachers College in 1921, a student was inspired by the Bemidji pines, forever cementing the school's colors of

green and white. The Northern Student began in 1926 as BSU's campus newspaper.

In the 1930s, admissions took a dip going as low as 200. President Dr. Charles Sattgast began work on the first gym (Memorial Hall) in 1938.

1940s enrollment topped 500 but lessened when Minnesotans heard the call of WW2. Sattgast went to war working as one of the Monument Men because of his background in history and the arts. During the war, the school hung a service flag over Memorial with a star for each student and

faculty member serving in the war. By October 1944, there were 360 stars, blue for service members and 21 gold by the end of the war for those who were killed in action.

Under Sattgast, the school expanded to include liberal arts programs and a graduate school. In 1944, with only 18 male students remaining, Bemidji State football had its sole undefeated football season. As veterans returned in 1946, the hockey program began, as well as competitive curling, and the school offered

the first BA degree.

Becoming Bemidji State College in 1957, the next 30 years brought about technological innovations, care for the environment, women's rights and cultural inclusion. As enrollment grew, a building boom began with a new home for the lab school, Hagg-Sauer Hall, and seven dorms all named after trees--among the nation's first to go co-ed.

Even as tragedy struck when President Dr. Harry Bangsberg died in a plane crash with six others while on a U.S. sponsored study trip to Vietnam in 1967, the school continued to expand.

Madrigal Dinners began in 1968 by Paul Brandvik as an annual musical dinner production of an Elizabethan, yuletide feast. Between 1969-1972 Bemidji State launched women's varsity sports programs ahead of Title IX, created one of the first environmental studies programs in the country and offered the first program in Ojibwe and another in Indian studies as well as hosted the first Annual Powwow. In 1975, the school officially became Bemidji State University.

Starting the 1990s, the iconic BSU archway was dedicated outside of Deputy Hall. BSU converted the lobby and south wing of Pine Hall into a community daycare center and a residence hall for single parents (Cedar Hall). In 1993, enrollment peaked at 5,400.

Shortly after in 1994, James Bensen was the first BSU graduate to be the

president of the school also leading Beaver hockey to division one. The American Indian Resource Center was opened in 2003 as a place for Ojibwe students and community gatherings. Linden Hall was renovated in 2007 to suites. In 2008, the President's Climate Commitment was signed by President Jon Quistgaard, and students okayed a green fee that funds environmental education and action on campus.

In 2010, Beaver's hockey played their first game in the Sanford Center, President Dr. Richard Hanson addressed a \$5 million dollar deficit by reworking programs which caused concern with the community as well as with members of the school for its effect on the arts programs including cutting more than 30 staff positions between BSU and NTC as well as getting rid of the art history and theater programs. The plan also cut the men's indoor and outdoor track teams.

Birch Hall was renovated in 2011-2012 including gender neutral community bathrooms. The longstanding dorm, Maple Hall was demolished shortly after. BSU's first major fundraising campaign, Imagine Tomorrow, began in 2013 raising more than \$36 million for scholarships and academic support over five years, which also helped build the Integrated Media Department's Student Media Center in 2016.

Memorial Hall was also refurbished to house BSU's College of Business, Decker Hall was remodeled to house Career

Services, Academic Advising, Veterans Services, TRIO/McNair Scholars and Disability Services and University Heights apartment housing was built in 2015-2016 academic year.

Just this last year, the Center for Diversity, Equity, and Inclusion was opened in the Upper Hobson Memorial Union. The school also has plans to build another University Heights building in 2019 as well as demolish and rebuild Hagg-Sauer Hall by fall of 2020.

With 100 years of expansions, challenges and changes, comes 100 years of alumni. Notable alumni include Justin Kaney and Tom Hill who both founded Bemidji Brewing, the current mayor of Bemidji Rita Albrecht, NHL players Matt Climie, Andrew Murray, Joel Otto, and Matt Read, NFL alumni include Lem Burnham and Brian Leonhardt, Trent Baalke was the former general manager of the San Francisco 49ers, Lt. Gen. Thomas Waldhauser was appointed commander of United State Africa Command in 2016 by President Obama, Mike Liapis was the olympic coach for women's curling in 2002, 18 olympians including men' and women's ice hockey, men's and women's curling and baseball and so many more alumni.

Seeing what the beavers of the last 100 years have accomplished on and off campus, you can't help but wonder what BSU and the next 100 graduating classes will accomplish by BSU's bicentennial.



If You Can't Love Yourself, How Are You Going to Love Somebody Else?

By Carli-Rae Manjorin

Self-love is a term we see in the form of hashtags on Instagram and Facebook, filled with selfies of smiling individuals or photos of someone's latest indulgence like ice-cream or coffee. It's a term thrown around a lot and although the word itself seems self-explanatory, it's still something most of us don't practice. We are often our own worst critics.

We can't help it if we constantly shoot for perfection. As college students, we may be focused on classes, jobs, athletics and many other extracurricular activities, but it's so important to slow down and focus on ourselves.

According to Medical News Today, this perfectionism mindset and lack of self-love can contribute to major health problems like irritable bowel syndrome, fibromyalgia, eating disorders, suicidal tendencies and even a shorter lifespan.

Self-love is also important for gaining respect. People will treat you the way they see you treating yourself. It's important to be confident in oneself, stand your ground and be independent. If you do, people will respect you.

If you are insecure in who you are, people will always give you less than you really deserve.

Psychology Today found that self-love increases personal strength and productivity as well as decreases stress.

So, how can students start loving themselves and putting in some necessary self-care? Dr. Helen Weng from the Center for Healthy Minds at the University of Wisconsin-Madison has some tips for students to be compassionate and to love themselves.

During moments of stress or emotional distress, repeat some of these phrases to yourself. "Suffering is a normal part of life". "I must be kind to myself" and "This a moment of suffering".

Read a book for thirty minutes a day for a few weeks.

Picture a loved one in your mind.

Open yourself to feel the warmth and openness in your heart.

Not only is self-love crucial for individ-

uals, it is also important for loving and non-codependent relationships. Codependency in a relationship means emotional or psychological dependence on a partner. Relationships are meant to be like a partnership, with each partner practicing self-love and being independent. Relationships that succeed all share one common thing: self-love.

Without being narcissistic, we need to have self-compassion, independence and respect for ourselves. Ultimately, we are individuals with flaws and quirks that run deeper than any selfie,

but sometimes it takes looking in the mirror to see that our imperfections are what make us perfect just the way we are.

Black Student Union Starting on Campus

By Caroline Compton

Black Student Unions have been on college campus' since the 1960's, and starting this year Bemidji State University will join them. The goals of the organization are to support black students and face the issues they encounter. An active leader on campus, Sterling Knox, philosophy major and African American BSU student, chose to get the organization going before he graduated.

"Members of the Black community [on campus] came to realize there is a need. . . to discuss several issues faced by Black college students," Knox said. "[The] organization. . . gives a voice to the voiceless on a campus that is some-

times unaware of what it is like to be a Black on a predominately white campus."

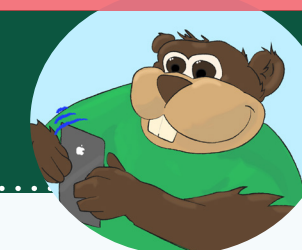
What Knox wants people to know is that, "the Black Student Union will serve as an organization that fosters student development through academics, and social services, cultivating a spirit of unity, and consciousness on campus while striving to promote multicultural awareness. Black Student Union hopes to build a sense of community for all students."

"Making a change is a good thing. I think it will open a lot of people's eyes, too," said Talia Johnson, social work

major and African American student. "It will show that this school knows what is going on, and we are making a change." Johnson believes that, "If [the students] have support with them then they will feel comfortable being here. It would be nice to have that here because you will see more African American people coming."

"[A Black Student Union] will provide an opportunity for students to express their views concerning current events, academics, cultural arts and campus life. And of course, to have fun," Knox said. "It's inclusive, it's a family."

DEAR BUCKY, WHAT SHOULD I DO?



Anonymous @anonymous · 5h
 @DearBucky this is my first time being away from home for longer than a weekend and I'm really struggling with living so far from home. What can I do to make this transition easier? #HomesickFreshman

Bucky BSU_StudentNews · 4h
 #HomesickFreshman I know that moving away can be hard but I promise that things will get better. Some things that you can do are to stay connected with your friends and family from back home. Just remember that they're only a call or text away. Also, get out of your dorm and talk with your neighbors. You never know, they might be feeling the same way you are right now.

Anonymous @anonymous · 5h
 @DearBucky I just transferred to BSU from another college and I'm really nervous that I'm not going to fit in and make friends. Do you have any advice? #NeWwBeaver

Bucky BSU_StudentNews · 4h
 #NewBeaver going to a new place where you don't know anyone can be nerve-racking but just be yourself. Don't be afraid to talk to the people you sit next to in class. As long as you put yourself out there and talk to others, I'm sure you'll make friends in no time.

Bucky BSU_StudentNews · 4h
 To ask Bucky your questions, private message The Northern Student on Facebook @thenorthernstudent or on Twitter @BSU_StudentNews

Choral Music, Churches & Cheesecake:

The Bemidji Choir Goes on a Tour of the Baltic States

Thirty-two hours of walking, riding a bus, train, car and plane later, the Bemidji Choir arrived in Riga, Latvia. The group of thirty-nine people including choir members, accompanists and staff were greeted by what they described as gorgeous weather, as they walked through the cobblestone streets of old town.

The Baltic States, Estonia, Latvia, and Lithuania, the first two being the ones that the Choir toured, hold a rich singing history and strong choral culture. This, along with the fact that the public is generally smart about music in the Baltics, make it an ideal place for a choir to visit and grow their education. The countries are found in northeastern Europe, bordering Russia to the west and lying just 40 miles across the Finnish Gulf from Finland in the north.

Throughout their millennia-old history, the two regions have constantly been caught between other, more powerful political entities that fought with one another.

The Germans came and founded important cities like Riga in the 1200s and a strict Christianization of the mainly-pagan tribal region followed. The Swedish occupied next, then the Russians until 1918 when the three nations were finally granted independence. Only thirty-three years later, the Soviet Union annexed the region to have control of it for WWII. Hitler's Germany soon came marching through the Baltic streets, and finally, the Russians regained the territory in 1944 beginning a long and devastating communist reign over the three once-independent nations.

This was a dark time for the Baltic people. At night, the Soviet secret police would often barge into family homes uninvited, give the residents one hour to pack, and deport them to Siberia where they would be divided among different work camps. Tour guides readily told these stories and the choir heard them firsthand. Publicly denouncing the Soviets as well as singing Baltic songs or anthems was strictly illegal.

One tour guide remembered how, in the late 1980s, more and more Russians were moving to the Baltics for work. This was a deliberate commission by the Soviet government that worked to diffuse Baltic culture which history remembers as the Russification of the Socialist Republics. This diffusion still impacts the populations of the three nations today, as a major percentage remains Russian-speaking.

Over time, by consequence of the Soviet leader Mikhail Gorbachev's westernization policies of glasnost and perestroika, the Baltic nations were allowed a limited amount of freedom of speech. They used this to their advantage by protesting in various ways, the most effective being the singing of their once-banned traditional folk songs.

The ancient songs of Latvia and Estonia played an enormous part in the development of their people's national awakening in the 19th century and still play that role today. Since the mid-1800s, both countries have hosted na-



tional song festivals every four years where over 30,000 people are involved as performers.

In 1989, two million people linked arms across the three countries and sang folk songs in a demonstration called the Baltic Way. The tour manager, Jolita Auglyte, remembers being a link of this 600 km human chain when she was a child. Another example of protest by song was when the Estonian mass choir refused to leave the national song festival until they had sung the song which soon became Estonia's national anthem. The Russians could not stop such a massive and spontaneous display.

All these events came to be known as The Singing Revolution and led to the Baltics gaining their independence in 1991.

At one point in the tour, the choir sang "Precious Lord" on the steps of the Tallinn Song Festival Grounds where the Estonian protest had occurred.

"Walking the festival grounds with the

Bemidji Choir was a powerful experience. We were but little ants tucked underneath the large amphitheater," said choir president, Lindsey Marketon. "This trip has forever touched our lives and hearts. I believe we will take a piece of the Baltic spirit with us wherever we go and wherever we sing, because now we have even stronger evidence that music can truly change the world."

The choir began their first day with a bus/walking tour. Tourists of the medieval city bustled around while churches first erected in the early 13th century loomed overhead. After two concerts in Latvia, the group drove through the countryside across the border to Tallinn, Estonia where they stayed for the last half of the trip.

With one concert left, the conductor, Dr. Dwight Jilek, assistant professor of music at BSU, fractured his dominant conducting arm. Jilek stepped off the bus right after the group arrived at their hotel, tripped on a curb, and hit the sidewalk. A taxi ran him, Dr. Sarah Tarutis (the group's nurse from BSU),

and Auglyte to the hospital while the rest of the group waited.

In the morning, Jilek told the choir that the concert was still on but that they couldn't sing like their conductor had a broken arm. The program they gave that night in the gothic Tallinn Dome Church was the last time several of the seniors would ever sing with the Bemidji Choir, and emotions soared.

Zachary Swank said, "My last concert with the Bemidji Choir was as exciting and fulfilling as I could have possibly imagined. I've never cried that hard in front of that many people."

For the choir's last dinner in Europe, they feasted at a medieval restaurant called Olde Hansa. Complete with live, renaissance music, cheesecake and coffee, the choral members thought it was a delightful way to wrap up their trip to the Baltics—forgetting that they still had the thirty-some hour trip home. Nevertheless, they'll always cherish their memories of choral music, churches and cheesecake.



Beavers PRE-SEASON Outlook

Men's Ice Hockey

The Beavers just had to say farewell to one of its best classes of seniors for this men's ice hockey team. What remains is looking to prove to the Western Collegiate Hockey Association and the rest of the NCAA that Bemidji State isn't going to change when it comes to its level of competitiveness.

"We're losing some offense. We're losing some of our key players but that's all right,"

said Coach Tom Serratore when asked about how he plans on dealing with the loss of Goalie Micheal Bitzer and other major assets of the team. "You know some of these guys have to graduate or go pro at some point. You just have to turn the page and that's what we are doing."

Looking to next season, Coach Serratore isn't dwelling in the past.

"We had more to give I felt, the year before we were conference champs,"

he said. The Beavers are looking for players like Brenden Harris and returning experienced players to take the lead of the 2018-19 Beavers. One of the strengths of the team this season is defense corps, one of the leading in the nation, lead by Defenseman Ian Janco, Dan Billett and Dillon Eichstadt. The Beavers also hang on to some of their best forwards like Charlie Combs, Brenden Harris, Adam Brady and Jay Dickman.

The Beavers also got a new-look schedule. BSU will be playing some more nationally renowned programs like St. Cloud State (Nov. 16th, 17th), Minnesota State (Nov. 23rd, 24th),

Merrimack University (Nov. 9th,10th) and the MUST SEE game-of-the-season, home opener on October 12th against the University of North Dakota. The Beavers also continue their rivalries against Michigan Tech (Jan 18th,19th), Bowling Green (Feb. 22nd, 23rd) and Alabama Huntsville (Dec. 7th,8th).



The Men's Ice Hockey team huddles up for a few final words from the Captains before starting their games against the Michigan Tech Huskies.

Football

"Grind the Axe!"

and "Gang Green Defense" are some of the sayings that make up the fierce identity of the Bemidji State Football team. The team is coming off a 8-3 season with intense excitement after huge wins against Concordia-St. Paul (54-17), Southwest Minnesota State (Homecoming, (40-22), Minnesota Crookston (56-00), U-Mary (45-19), and MSU Moorhead (45-14).

Adding to that intensity its key players smashed records like QB Jordan Hein who passed for 2,073 yards to finish his career with a 8,459 total passing yards putting him atop Bemidji State's all-time leaderboard in passing yards, passing attempts, pass completions,

**Story and Photos By:
Matthew Sauser**

touchdown passes and total yardage. Hein was joined by Alex Burgess, Evan Tompkins, Blake Holder, Christian Lunde, Tahj Nomane, Jake Krause and Jake Wirsching in completing their last season at BSU with winning Northern Sun Intercollegiate Conference awards.

With the 2018 season just weeks away from starting, Coach Bolte and his clan of padded warriors are looking forward to competing against schools like Northern State, Minnesota Crookston, Sioux Falls (Homecoming), Minnesota State, MSU Moorhead and Minot state at home. The Beavers will also travel to U-Mary, Minnesota Duluth, Wayne State, Upper Iowa and St. Cloud State where they're looking to beat those teams on their home turf.

Traveling with those teams will be players who will need to take over major leadership gaps left by those graduated seniors as the team looks to players like Jarden Henning, Michael Junker, CJ Adams and Team Captain Joseph Woods.



Assistant Coach Rob Aurcih address the BSU Beavers defense players before they take the field.



A space for the creative work of BSU students - fiction, poetry, photographs, and art. To submit work, please email northern.student@gmail.com

First Diversity Photo Contest Winners Announced

By Stacey Kaslon

The President's Student Commission announced the three winners for their first campus-wide Photography Contest for Student Diversity--Simran Karki (first), Saroj Khatri (second) and Sagyan Khadka (third). The winner will have their photograph showcased in the new Center for Diversity, Equity and Inclusion this fall.

Being the inaugural contest, the organizers of the event asked all students to share their photos and describe why they embody diversity at BSU. Representing a wide array of students, the contest was organized by members of the

President's Student Commission, a committee of students from across campus who advise the president about how to better BSU.

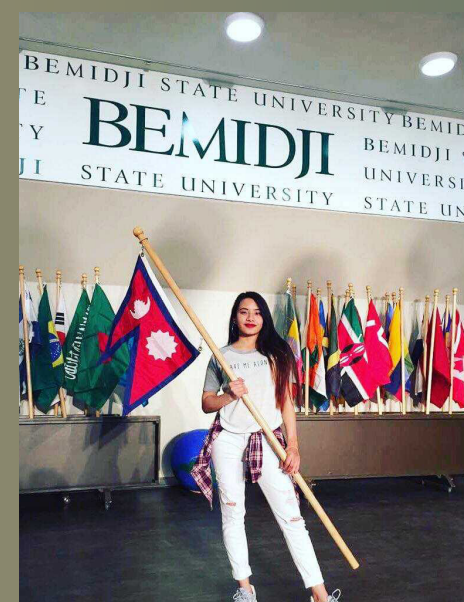
Sajil Shrestha, student contest coordinator, said that the commission's goal for the contest was to bring students together while sharing their diverse moments. "We asked students to share their pictures with us and describe why that picture represented diversity to them," Shrestha said.

Simran Karki won the competition with "Simran with the flag of Nepal." This picture was

taken as a memory of the day when she was able to represent her country in front of all the students.

Winning second place was a photo by Saroj Khatri representing the unity in diversity showing the importance of going out to explore other cultures.

A group picture taken on the International Student Organization's annual Chicago trip by Sagyan Khadka won third place. This photo showcases students working as one while exploring a different cultural experience.



First place—Simran Karki



Second place—Saroj Khatri



Third place—Sagyan Khadka

EVENTS

AUG 24

MOVE-IN DAY
All Residence Halls, 9:00 a.m.

CONVOCATION
Gym, 3:30 p.m.

AUG 26

SUNDAY IN THE PARK
Diamond Point Park, 1-5 p.m.

CAMPFIRES & S'MORES
Residence Halls, 9 p.m.

AUG 27

*WHAT'S POPPIN AT THE
HOBSON*
Info Desk, HMU, 10 a.m.-10 p.m.

TRIVIA NIGHT
Beaux Arts Ballroom, HMU, 9 p.m.

AUG 28

*WINGS & SINGS KARAOKE
AND OPEN MIC*
Beaux Arts Ballroom, HMU, 9 p.m.

AUG 29

*ANNUAL DAY OF WELCOME,
RETENTION FAIR & FALL
DRUM FEAST*
AIRC, all day

*STUDENT ORGANIZATION
ASSEMBLY*
Beaux Arts Ballroom, 4-6 p.m.

BINGO NIGHT
Centennial Plaza, 3-4 p.m.

AUG 30

BEAVER FLOATS
Centennial Plaza, 3-4 p.m.

*COMMUNITY APPRECIATION
DAY*
Lakeside Lawn, HMU, 4-6 p.m.

*FOOTBALL VS NORTHERN
STATE*
Chet Anderson Stadium, 6-9 p.m.

AUG 31

ON-CAMPUS JOB FAIR
HMU, during the day

*BEAVER THEATER: OUTDOOR
EDITION*
Lakeside Lawn, HMU, 8 p.m.

SEPT 2

OPC FREE RENTALS
OPC Boathouse, 11 a.m.-7 p.m.

SEPT 3

LABOR DAY
No Classes

SEPT 4

NO CLASSES BEFORE 4PM
LEADERSHIP IN ACTION
10 a.m.-3 p.m.

SEPT 6

BEAVER ORGANIZATION BASH
Lakeside Lawn, HMU, 4:30-7:00 p.m.

